
What to expect during an in-office procedure: Excision and biopsy of a mass or lesion

- You or your child will be given a small injection of Lidocaine with epinephrine to numb the area. (Like the shot you get at the dentist). The epinephrine helps to prevent excessive bleeding during the procedure. The area will be completely numb. There will not be any pain during the procedure.
- The lump, mass, patch or mole will be removed (excised) and sent to the pathology laboratory for a biopsy to identify the lesion. You will receive the result of the biopsy at the follow up visit 1 week later.
- After the procedure, there will be stitches placed to close the area. Some of the stitches will be dissolvable. Some may need to be removed. These will be removed 1 week later at the follow up visit.
- Depending on the lesion and the location, you will either have a small bandage called steri strips at the site or antibiotic ointment will be applied before you leave.

Discharge Instructions:

- Keep the area dry for 24 hours. After that, let soap and water run over the area in the shower daily. Pat dry.
- **DO NOT** use hydrogen peroxide or alcohol to clean the site.
- Do not immerse the area in water, like a bath tub or swimming pool for 2 weeks.
- Leave the steri strips in place until you are seen next week for the follow up visit.
- If the procedure was done on your face or head, sleep with your head elevated for the next 2-3 nights to help decrease swelling.
- If bleeding occurs, apply constant pressure for a minimum of 5 minutes.
- Ice packs can be applied to the area if needed for the next 24 hours.
- Tylenol or Ibuprofen can be taken for any pain or discomfort. (See infant/child dosing chart for the right dose for babies and children.)
- If the steri strips fall off before the end of the week, apply a small amount of antibiotic ointment (like Bacitracin or Neosporin) 2x per day.

Please call the office or nurse practitioner (347-502-1439) if...

- You or your child have a fever greater than 100.5 °F.
- There is a lot of bleeding and it won't stop. A little bit of blood is fine.
- You notice a funny odor, or yellow, pus- like discharge.